

## Movi Prep Split Dosing

Facility: \_\_\_\_\_

Procedure Date/Time: \_\_\_\_\_

Report to:/Report Time: \_\_\_\_\_

### DAY BEFORE PROCEDURE:

The day before your procedure you may have a regular breakfast up until 11:00am. If your procedure is scheduled for the afternoon, you may also have lunch until **2pm** the day before.

After **2:00pm** you will be on a clear liquid diet such as: **water**, **clear fruit juices** (ex: apple juice, white grape juice, white cranberry juice, **Gatorade®** (except purple orange and red flavors/tints), **clear broth** (chicken or beef), **clear bouillon** (chicken or beef), **Jell-o®** (except purple orange and red flavors/tints), **weak tea** (without cream), **coffee** (without cream), **icy Popsicles** (except purple orange and red flavors/tints), and **regular** or **diet soft drinks** (except purple orange and red flavors/tints). **(A clear liquid is anything you can read the newspaper through. THAT DOES NOT INCLUDE ALCOHOL)**

### PREPARATION

1. At **5:00 p.m.** – Start the Movi prep solution. Prior to starting the prep mix the solution. Empty 1 pouch A and 1 pouch B into the container. Add lukewarm drinking water to the top line of the container. The container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz from mark to mark) until the entire liter has been consumed. After drinking the prep, you must drink at least 16oz of clear liquid of your choice to ensure adequate hydration and an effective prep. You may drink more if you desire.

### MORNING of PROCEDURE:

1. Mix the second liter in the same manner as the first. Every 15 minutes, drink the solution down to the next mark, until the full liter is consumed. You will start at \_\_\_\_\_ and finish by \_\_\_\_\_. **After finishing the prep, you must also drink at least 16 oz of a clear liquid of your choice and be finished by \_\_\_\_\_.** *(Please note that you may not have anything by mouth 4 hours prior to your procedure. This includes chewing gum, chewing tobacco, water etc.- if you do your procedure will be cancelled.)*
2. Bring all insurance cards. Leave valuables at home.

### SURGICAL OR ENDOSCOPY PROCEDURES CANCELLED AND RESCHEDULED WITH LESS THAN 3 BUSINESS DAYS NOTICE WILL INCUR A \$100 FEE.

**YOU ARE NOT ALLOWED TO DRIVE UP TO 12HRS AFTER YOUR PROCEDURE.**  
Due to the sedation given for this procedure, you will need a designated driver. It is imperative that your driver remains in the waiting area at all times. Taxis are not permitted for transportation home!!!!

**(Practice Policy for Administrative Services)**

1. If you think that your bowel prep did not completely clear the intestines for any reason, please call your doctor or the doctor on call for an alternative prep.
2. If you have a history of artificial heart valve, recent joint replacements or have been hospitalized for bacterial endocarditis, **please call your physician's nurse** so that antibiotic coverage can be arranged prior to your procedure.
3. If you are on any type of prescribed medications, **please notify the prescribing doctor** of your upcoming colonoscopy/surgery. Please make sure that doctor agrees that it is okay to stop the medication.
4. Do not take diuretics on the day of your procedure. These include clorothiazide, hydrochlorothiazide, furosemide, bumetanide, toresmide, amiloride, spironoactone, triameterene, mannitol, dyazide, maxzide and moduretic.
5. **Please make sure that you take all medications for acid reflux, asthma, bronchitis or emphysema in the morning with a sip of water on the day of your procedure.**
6. **If you take blood pressure medications in the morning, please make sure you take all blood pressure medications the day of your procedure with a sip of water. This includes combination medications for blood pressure which contain diuretics.**

These are some examples of medications that should be stopped 3-7 days prior to your procedure. These medications thin the blood. If you are on a medication that was prescribed to you (or is over the counter) to help thin your blood and it is not on the list, please stop it prior to your procedure. (if recommended by your prescribing physician).

<b>Blood thinners</b>	<b>NSAIDS</b>	<b>OTC Supplements</b>
<b>Aggrenox (dipyridamole+ aspirin)</b>	<b>Aspirin ( Excedrin, bayer)</b>	<b>Fish oil</b>
<b>Aggrastat (tirofiban)</b>	<b>Celecoxib (celebrex)</b>	<b>Garlic in large amounts</b>
<b>Arixtra (fondaparinux sodium)</b>	<b>Ibuprofen (advil, motrin)</b>	<b>Ginko biloba</b>
<b>Coumadin (warfarin)</b>	<b>Indomethacin ( indocin)</b>	<b>Ginger</b>
<b>Dicumarol (dicumarol)</b>	<b>Mag salicylate (bayer select)</b>	<b>Ginseng</b>
<b>Effient (prasugrel)</b>	<b>Meloxicam (mobic)</b>	<b>St John's Wart</b>
<b>Integrilin (eptifibatide)</b>	<b>Nabumetone ( Relafen)</b>	<b>Saw Palmento</b>
<b>Miradon ( anisinidine)</b>	<b>Naproxen (naprosyn)</b>	<b>Vitamin E</b>
<b>Plavix (clopidogrel bisulfate)</b>	<b>Naproxen sodium (aleve)</b>	
<b>Persantine (dipyridamole)</b>	<b>Oxaprozin (daypro)</b>	
<b>Pletal (cilostazol)</b>	<b>Piroxicam (feldene)</b>	

<b>Pradaxa (dabigatran)</b>	<b>Tolmetin sodium (tolectin)</b>	
<b>Reopro (abciximab)</b>	<b>Valdecoxib (bextra)</b>	
<b>Xeralto (rivaroxaban)</b>		

<b>ACE INHIBITORS</b>	<b>BETA BLOCKERS</b>	<b>ANGIOTENSION II</b>	<b>COMBINATION</b>
Accupril (quinapril)	Betapace (sotalol)	Atacand (candesartan cilexetil)	Aldoril (methyldopa + hctz)
Aceon (perindopril)	Bisoprolol (zebeta)	Avapro (irbesartan)	Capozide (captopril + hctz)
Altace (Ramipril)	Blocadren (timolol)	Benicar (olmesartan)	Corzide (nadolol + bendroflumethiazide)
Capoten (captopril)	Bystolic (nebivolol)	Cozaar (losartan)	Dyazide (triameterene + hctz)
Lotension (benazepril)	Cartrol (carteolol)	Diovan (Valsartan)	Hyzaar (losartan + hctz)
Mavik (trandolapril)	Coreg (carvedilol)	Hyzaar (losartan)	Inderide (propranolol + hctz)
Monopril (fosinopril)	Corgard (nadolol)	Micardis (telmisartan)	Lexxel( feldopine + enalapril)
Prinivil (lisinopril)	Inderal& inderal-la (propranolol)	Teveten (eprosartan mesylate)	Lotrel (amlodipine + benazepril)
Prinizide (lisinopril + diuretic)	Kerlone(betaxolol)	Valsartan (diovan)	Lotension hct (benazepril + hctz)
Univasc (moexipril)	Levatol (penbutolol)	<b>OTHER BP MEDS</b>	Moduretic (amiloride + hctz)
Vasotec (enalapril, analaprilat)	Lopressor (metoprolol)	Catapres (clonidine)	Prinizide (lisinopril + hctz)
Zesteril (lisinopril)	Normodyne(labetalol)	Cardura (doxazosin)	Tentoretic (atenolol + chlorthalidone)
	Tenormin (atenolol)	Cardene (nicardipine)	Vaseretic(enalapril + diuretic)
	Toprol xl(metoprolol)	Cardizem (diltiazem)	Zestoretic (lisinopril + diurectic)
	Trandate (labetalol)	Norvasc (amlodipine)	Ziac (bisoprolol + hctz)
	Zebeta(bisoprolol)	Plendil (felodipine)	
		Procardia xl (nifedipine)	