



### ILEOSTOMY OUTPUT RECORD SAMPLE

Day	Date	Time	Output	Total 24-hr Output:
Sunday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Monday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Tuesday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Wednesday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Thursday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Friday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		
Saturday		7AM- 3PM		
		3PM-11PM		
		11PM-7AM		

For output greater than 400mL in 8hrs → take one 2mg tablet of Imodium (loperamide). Up to 9 tablets in 24hrs.