



## DAY SURGERY PREPARATION INSTRUCTIONS (2 Fleet Enemas)

Facility: \_\_\_\_\_  
Surgery Date:/Time: \_\_\_\_\_  
Report to:/Report Time: \_\_\_\_\_

### PRE-SURGERY INSTRUCTIONS

If you are on any type of prescribed medications or aspirin regimen, please notify the prescribing doctor of your upcoming surgery to see which meds should be stopped prior to surgery. ALL Aspirin, Coumadin, and other blood thinners need to be stopped prior to surgery.

If you need to have any testing prior to surgery that will be arranged prior to your surgery. You will be notified by phone of all appointments.

### PREP INSTRUCTIONS

- You may eat dinner the evening before your surgery date.
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** --- PLEASE KEEP IN MIND IF YOU HAVE **ANYTHING** (INCLUDING WATER) YOUR PROCEDURE WILL BE **CANCELED!**
- **Take all blood pressure medications prior to surgery with a sip(less than 1 oz) of water. Do not take any diuretics prior to surgery.**
- Administer 2-saline Fleet enemas (**green and white packaging**) the morning of your procedure prior to arrival time.

**NOTE:** Fleet enemas provide immediate bowel cleansing. After administering the enema, the urge to “go” takes approximately 2-5 minutes. The enemas should be done 2-hours prior to your arrival time (**they may need to be done earlier to allow yourself traveling time**).

### IMPORTANT INFORMATION

Our office will call to obtain pre-admission approval or notification prior to your surgery. Please be sure that your insurance information is correct and up-to-date, and an active insurance referral must be on file (**if applicable**).

Your surgeon’s charge does not include the hospital or anesthesiologist’s fee. They will bill you separately.

Have your insurance and identification cards available at the time of registration.

Please leave all jewelry and other valuables at home. The hospital will not be responsible for these.

**Please note that you will be charged a cancellation fee if you do not cancel procedure as policy states. (Practice policy for administrative services)**

**Due to the sedation given for this procedure, you will need a designated driver.**

1. If you think that your bowel prep did not completely clear the intestines for any reason, please call your doctor or the doctor on call for an alternative prep.
2. If you have a history of artificial heart valve, recent joint replacements or have been hospitalized for bacterial endocarditis, **please call your physician's nurse** so that antibiotic coverage can be arranged prior to your procedure.
3. If you are on any type of prescribed medications, **please notify the prescribing doctor** of your upcoming colonoscopy/surgery. Please make sure that doctor agrees that it is okay to stop the medication.
4. Do not take diuretics on the day of your procedure. These include clorothiazide, hydrochlorothiazide, furosemide, bumetanide, toresmide, amiloride, spironoactone, triameterene, mannitol, dyazide, maxzide and moduretic.
5. **Please make sure that you take all medications for acid reflux, asthma, bronchitis or emphysema in the morning with a sip of water on the day of your procedure.**
6. **If you take blood pressure medications in the morning, please make sure you take all blood pressure medications the day of your procedure with a sip of water. This includes combination medications for blood pressure which contain diuretics.**

These are some examples of medications that should be stopped 3-7 days prior to your procedure. These medications thin the blood. If you are on a medication that was prescribed to you (or is over the counter) to help thin your blood and it is not on the list, please stop it prior to your procedure. (if recommended by your prescribing physician).

Blood thinners	NSAIDS	OTC Supplements
Aggrenox (dipyridamole+ aspirin)	Aspirin ( Excedrin, bayer)	Fish oil
Aggrastat (tirofiban)	Celecoxib (celebrex)	Garlic in large amounts
Arixtra (fondaparinux sodium)	Ibuprofen (advil, motrin)	Ginko biloba
Coumadin (warfarin)	Indomethacin ( indocin)	Ginger
Dicumarol (dicumarol)	Mag salicylate (bayer select)	Ginseng
Effient (prasugrel)	Meloxicam (mobic)	St John's Wart
Integrilin (eptifibatide)	Nabumetone ( Relafen)	Saw Palmento
Miradon ( anisinidine)	Naproxen (naprosyn)	Vitamin E
Plavix (clopidogrel bisulfate)	Naproxen sodium (aleve)	
Persantine (dipyridamole)	Oxaprozin (daypro)	
Pletal (cilostazol)	Piroxicam (feldene)	



<b>Pradaxa (dabigatran)</b>	<b>Tolmetin sodium (tolectin)</b>	
<b>Reopro (abciximab)</b>	<b>Valdecoxib (bextra)</b>	
<b>Xeralto (rivaroxaban)</b>		

<b>ACE INHIBITORS</b>	<b>BETA BLOCKERS</b>	<b>ANGIOTENSION II</b>	<b>COMBINATION</b>
Accupril (quinapril)	Betapace (sotalol)	Atacand (candesartan cilexetil)	Aldoril (methyldopa + hctz)
Aceon (perindopril)	Bisoprolol (zebeta)	Avapro (irbesartan)	Capozide (captopril + hctz)
Altace (Ramipril)	Blocadren (timolol)	Benicar (olmesartan)	Corzide (nadolol + bendroflumethiazide)
Capoten (captopril)	Bystolic (nebivolol)	Cozaar (losartan)	Dyazide (triameterene + hctz)
Lotension (benazepril)	Cartrol (carteolol)	Diovan (Valsartan)	Hyzaar (losartan + hctz)
Mavik (trandolapril)	Coreg (carvedilol)	Hyzaar (losartan)	Inderide (propranolol + hctz)
Monopril (fosinopril)	Corgard (nadolol)	Micardis (telmisartan)	Lexxel( feldopine + enalapril)
Prinivil (lisinopril)	Inderal& inderal-la (propranolol)	Teveten (eprosartan mesylate)	Lotrel (amlodipine + benazepril)
Prinizide (lisinopril + diuretic)	Kerlone(betaxolol)	Valsartan (diovan)	Lotension hct (benazepril + hctz)
Univasc (moexipril)	Levatol (penbutolol)	<b>OTHER BP MEDS</b>	Moduretic (amiloride + hctz)
Vasotec (enalapril, analaprilat)	Lopressor (metoprolol)	Catapres (clonidine)	Prinizide (lisinopril + hctz)
Zesteril (lisinopril)	Normodyne(labetalol)	Cardura (doxazosin)	Tentoretic (atenolol + chlorthialidone)
	Tenormin (atenolol)	Cardene (nicardipine)	Vaseretic(enalapril + diuretic)
	Toprol xl(metoprolol)	Cardizem (diltiazem)	Zestoretic (lisinopril + diurectic)
	Trandate (labetalol)	Norvasc (amlodipine)	Ziac (bisoprolol + hctz)
	Zebeta(bisoprolol)	Plendil (felodipine)	
		Procardia xl (nifedipine)	