

MORNING DAY SURGERY PREPARATION INSTRUCTIONS

Facility: _____

Surgery Date:/Time: _____

Report to:/Report Time: _____

PRE-SURGERY INSTRUCTIONS

If you are on any type of prescribed medications or aspirin regimen, please notify the prescribing doctor of your upcoming surgery to see which meds should be stopped prior to surgery. **ALL Aspirin, NSAIDs, Coumadin, and other blood thinners need to be stopped 2-7 days prior to surgery.**

If applicable, our office will arrange pre-op testing to be done prior to your surgery. You will be notified by phone of all appointments.

PREP INSTRUCTIONS

- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT** --- ***This includes water, gum, candy, tobacco, and certain medications.* PLEASE KEEP IN MIND IF YOU HAVE **ANYTHING BY MOUTH (INCLUDING WATER)** YOUR PROCEDURE WILL BE **CANCELED!**
- **Read the attached pages regarding what medications to take/avoid prior to your procedure.**
- **Administer 2-saline Fleet enemas** (green and white packaging) the **morning of** your procedure prior to arrival time.

NOTE: Fleet enemas provide immediate bowel cleansing. After administering the enema, the urge to “go” takes approximately 2-5 minutes. **The enemas should be done 2-hours prior to your arrival time - they may need to be done earlier to allow yourself traveling time.**

IMPORTANT INFORMATION

Our office will obtain insurance authorization prior to your surgery. Please be sure that your insurance information is correct and up-to-date, and an active insurance referral must be on file (**if applicable**). Have your insurance and identification cards available at the time of registration.

Your surgeon’s charge does not include the hospital or anesthesiologist’s fee. They will bill you separately.

Please leave all jewelry and other valuables at home. The hospital will not be responsible for these.

Please note that you will be charged a cancellation fee if you do not cancel procedure as policy states. (Practice policy for administrative services)

Due to the sedation given for this procedure, you will need a designated driver. Please note that a taxi, uber or lyft is not allowed.