

## SUPREP Bowel Prep For AM Procedures

Procedure Date: \_\_\_\_\_

Procedure Location: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

**DAY BEFORE THE PROCEDURE:** \_\_\_\_\_

**DO NOT FOLLOW THE PREP DIRECTIONS ON THE BOX/ CONTAINER. FOLLOW THESE ONLY:**

1. You may have a regular breakfast until 11:00am then remain on clear liquids the remainder of the day.

Any of the following clear liquids are OK:

- Water
- Strained fruit juices (without pulp) including apple, white grape, or white cranberry
- Gatorade (NO RED, ORANGE, OR PURPLE)
- Diet and regular soft drinks (NO RED, ORANGE, OR PURPLE)
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth and/ or Beef Broth
- Jell-o (NO RED, ORANGE, OR PURPLE) and Popsicles (NO RED, ORANGE, OR PURPLE)

### **First Dose:**

A prescription has been sent electronically to your pharmacy \_\_\_\_\_.

1. **3:00 PM-** pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing cup.
2. Add cool drinking water, blue Gatorade, or apple juice to the 16-ounce line on the cup and mix.
3. Drink **ALL** of the mixture at your own pace and finish within the next hour.
4. You **MUST** drink at least 32 ounces of clear fluids over the next hour or two.

### **Second Dose:**

1. **9:00 PM-** pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing cup.
2. Add cool drinking water, blue Gatorade, or apple juice to the 16-ounce line on the cup and mix.
3. Drink **ALL** of the mixture at your own pace and finish within the next hour.
4. You **MUST** drink at least 32 ounces of clear fluids over the next hour or two. **Finish by midnight!**

### **NOTHING TO EAT OR DRINK OR CERTAIN MEDICATIONS AFTER MIDNIGHT!**

**MORNING OF PROCEDURE:** \_\_\_\_\_

- Nothing to eat or drink until after the procedure. This includes chewing gum, tobacco and candy.
- **Read the attached pages as to what medications to take/avoid prior to your procedure.** Please call the office with any questions.
- Bring insurance cards. Leave valuables at home.
- **IT IS IMPERATIVE TO HAVE YOUR DRIVER HERE AT ALL TIMES.** No Taxis, uber or lyft are allowed.
- Please refer to the policy for cancelation and cancel prior to the date fees are charged.