



**DAY SURGERY PREPARATION INSTRUCTIONS**

Facility \_\_\_\_\_

Surgery Date/Time \_\_\_\_\_

Report to/Report Time \_\_\_\_\_

**PRE-SURGERY INSTRUCTIONS**

If you are on any type of prescribed medications or aspirin/blood thinner regimen, please notify the prescribing doctor of your upcoming surgery to see which medication should be stopped prior to your surgery date.

If your appointment is scheduled at the hospital, they will call you prior to your surgery date to arrange a time for your pre-op testing. Please take either your medication or a list of your medication to your pre-op testing appointment at the hospital.

**\*\* Please note that all blood pressure medication should be taken the morning/evening prior to your surgery with a sip of water. Do not take any diuretics prior to surgery.**

**PREP INSTRUCTIONS**

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT – This includes water, chewing gum, chewing tobacco and hard and soft candy.
- Administer 2 Saline Fleet Enema (green and white packaging) the morning of your procedure 2 hours prior to your arrival time. You are to administer the first fleet enema and the wait 15 minutes and administer the second fleet enema.
- Read the attached pages regarding what medications to take and avoid prior to your procedure.

**NOTE: Fleet enemas provide immediate bowel cleansing. After administering the enema, the urge to “go” take approximately 1-5 minutes (They may need to be done earlier to allow traveling time.)**

**IMPORTANT INFORMATION**

*Our office will call to obtain authorization or notification prior to your surgery (if applicable). Please be sure that your Insurance information is correct and up to date and an active Insurance referral must be on file (if applicable).*

Your Surgeon’s charge does not include the hospital or anesthesiologist fee. They will bill you separately; have your Insurance and ID cards available at the time of registration.

Please leave all jewelry and valuables at home. The hospital/our office will not be responsible for these.

**Due to the sedation given for this procedure, you will need a designated driver. It is imperative that your remains in the waiting area at all times.**

