



CLENPIQ Bowel Prep for Morning Procedures

Procedure Date/Time: _____

Procedure Location: _____

Arrival location/Time: _____

THE DAY BEFORE THE PROCEDURE

You may have a regular breakfast until 11:00 am then remain on clear liquids the remainder of the day. Clear liquids DO NOT include ALCOHOL. Any of the following clear liquids are OK:

- Water
- Strained fruit juices (without pulp) including apple, white grape, or white cranberry
- Gatorade (NO RED, ORANGE, OR PURPLE)
- Diet and regular soft drinks (NO RED, ORANGE, OR PURPLE)
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth and/or Beef broth
- Jell-O (NO RED, ORANGE, OR PURPLE) and Popsicles (NO RED, ORANGE, OR PURPLE)

FOLLOW THESE PREP INSTRUCTIONS ONLY – DO NOT FOLLOW THE INSTRUCTIONS ON THE PREP BOX/CONTAINER!

First Dose:

3:00 pm- Drink 1 bottle of the Clenpiq solution. **DO NOT mix with anything.** After drinking the solution, fill the cup (included in the kit) to the fill line and drink a minimum of **5 cups of any CLEAR LIQUIDS** listed above. Drink the 5 cups of clear liquids at a pace that is comfortable for you. *We recommend you drink as much clear fluids as you can tolerate for better cleansing and to keep you hydrated.*

Second Dose:

9:00 pm- Drink the second bottle of the Clenpiq solution. **DO NOT mix with anything.** After drinking the solution, you will need to drink at least **3 cups of any CLEAR LIQUIDS** listed above at your own pace before going to bed. *We recommend you drink as much clear fluids as you can tolerate for better cleansing and to keep you hydrated.*

**NOTHING BY MOUTH AFTER MIDNIGHT EXCEPT PRE-APPROVED MEDICATIONS.
THIS INCLUDES WATER, CHEWING GUM, HARD OR SOFT CANDY, TOBACCO, ETC.**

THE MORNING OF YOUR PROCEDURE

- Take only pre-approved medications with a sip of water. Patients scheduled at the hospital should follow the facility's medication instructions when provided.
- Bring insurance card(s). Leave valuables at home.
- **YOU MUST HAVE an adult family member or friend available to take you to, remain on premises during, and take you home after the procedure.**
- **YOU ARE NOT PERMITTED TO DRIVE 12 HOURS FOLLOWING YOUR PROCEDURE.**

SURGICAL & COLONOSCOPY PROCEDURES CANCELED OR RESCHEDULED WITH LESS THAN 5 BUSINESS DAYS
NOTICE WILL INCUR A \$100 FEE