



MORNING PROCEDURE INSTRUCTIONS

Facility: _____

Procedure Date: _____

Arrival Time/Location: _____

Pre-Procedure Instructions

ALL Aspirin, NSAIDs, Coumadin, and other blood thinners must be stopped 1-7 days prior to your procedure. Please consult with your prescribing physician to make sure stopping your medication is acceptable. Your physician **MUST** send our office a clearance letter prior to your appointment stating they have approved you to stop the medication. **Failure to stop these medications as instructed will result in cancellation of your procedure.**

Prep Instructions

- **NOTHING BY MOUTH EXCEPT PRE-APPROVED MEDICATIONS AFTER MIDNIGHT THE NIGHT PRIOR TO YOUR APPOINTMENT OR YOUR PROCEDURE WILL BE CANCELED.** This includes water, gum, candy, tobacco, etc.
- Administer **2 saline fleet enemas** the day of your procedure **2 hours prior** to your arrival time. The enemas are over-the-counter and can be administered back-to-back or 15 minutes apart.
**Please note fleet enemas provide immediate bowel cleanse within 2-5 minutes after administering.
You may need to administer the enemas earlier to allow yourself enough traveling time.*
- Review the attached pages regarding which **medications to take/avoid prior to your procedure.** Hospital procedure patients should follow medication instructions provided by the facility.
- You are **NOT** permitted to drive 12 hours following your procedure, and you **MUST** have an adult family member or friend to take you to, remain on premises during, and take you home after your procedure.

Insurance Information

Please be sure your insurance information is current and an active insurance referral (if applicable) is on file. Have your insurance card(s) available at the time of registration. Anesthesia, facility, and biopsy (if applicable) fees are billed separately. Our office will obtain prior authorization if applicable, but it is the patient's responsibility to know their insurance benefits prior to appointment.

SURGICAL AND COLONOSCOPY PROCEDURES CANCELED OR RESCHEDULED LESS THAN 5 BUSINESS DAYS NOTICE WILL INCUR A \$100 FEE.